



# HEALTH & WELLNESS



# EMPOWERMENT



## COMMUNITY HEALTH PROGRAM

## PROGRAM DESCRIPTION

The San Diego County Community Health Worker Program is a frontline public health initiative. Community Health Workers build individual and community capacity by increasing health knowledge and self-sufficiency through a range of activities such as outreach, community education, informal counseling, social support, and advocacy.

Community Health Workers are grounded in traditional community helpers and more recently the movement to address racial and economic injustice. Those eligible are individuals who will be referred by their primary care doctor and are members of Community Health Group. There is no age limit. This is a Medi-Cal funded program, therefore services are covered under Medi-Cal.

## OUR SERVICES

- In-home health education
- Connect clients to community resources
- Coaching & goal setting to improve health
- Address health-related social needs
- Outreach to needed prevention services
- Education on health assistance programs
- Advocacy to prevent health challenges



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